

- Float On - Modest Mouse
- Hung up - Madonna
- Feel Good Inc. - Gorillaz
- Numb/Encore - Jay-Z and Linkin Park
- Mambo Italiano - Basement Jaxx
- Without me - Eminem

*Submitted by Certified Spinning Instructor Nilu Rafsanjani, San Francisco, CA*

- Bond on Bond
- Vertigo - U2
- Highly Strung - Bond
- Enigma (any)
- New - U2
- Sunrise - Duran Duran
- Tilt Your Head Back - Nelly
- Yeah - Usher
- Policy of Truth - Depeche Mode
- Sahara - Bond

*Submitted by Certified Spinning Instructor Linda Belliveau, Worcester, MA*

- It's My Life (Dance Mix) - Bon Jovi
- Everybody Wants to Rule The World - Tears For Fears
- Magic Carpet Ride - Steppenwolf vs. Fatboy Slim
- Rebel Yell - Scooter
- My Sacrifice - Creed
- Beverly Hills - Weezer
- Break On Through - The Doors
- Wild Boys 2000 Remix
- Overload - VooDoo and Serano
- Red Neck Woman - Gretchen Wilson
- Take me Home - Sophie Ellis Baxter
- Crazy - Norah Jones

*Submitted by Certified Spinning Instructor Kristin Siciliano, Syracuse, NY*

- Skater Boi - Avril Lavigne
- Can't Get You Out Of My Head - Kylie Minogue
- What You Waiting For? - Gwen Stefani
- Going Under - Evanescence
- Pump It - Black Eyed Peas
- Ramp! (The Logical Song) - Scooter
- Let's Get It Started (Spike Mix) - Black Eyed Peas
- Switch (Main Version) - Will Smith
- Ma Ya Hi (Valentin Remix Radio Edit) - Dan Balan & Lucas Prata
- Where's Your Head At - Basement Jaxx
- Angel's Eye - Aerosmith
- Rollin' (Air Raid Vehicle) - Limp Bizkit
- Lakini's Juice - Live
- Song 2 - Blur
- Holding Out for a Hero - Bonnie Tyler
- It's Raining Men - Geri Halliwell

*Submitted by Certified Spinning Instructor Cara D'Amato, Stamford, CT*

- Rich Girl - Gwen Stephani
- Learn to Fly - Foo Fighters
- All I Want Is All I Need - Paul Oakenfold
- Rocke - De Sade House
- Dive in the Pool - Barry Harris
- Luv Me, Luv Me - Shaggy/Janet Jackson

*Submitted by Certified Spinning Instructor Linda Belliveau, Worcester, MA*