

## January 2007

1. Red Skies 01 - Muscle Mixes, Rev Master Music Vol.1
2. Dig In - Lenny Kravitz
3. Eye of the Tiger - Survivor
4. Blvd. of Broken Dreams - Green Day/Oasis
5. Pieces of Me - Ashley Simpson
6. Let Me Go - Three Doors Down
7. Lonely No More - Rob Thomas
8. Crimson & Clover - Jimmy Eat World
9. Time - Hootie & The Blowfish
10. Dove's Cry - Prince
11. American Woman - Lenny Kravitz
12. She Will Be Loved - Maroon 5
13. Swing Town 11 - Muscle Mixes, Rev Master Music Vol. 1
14. Blurry - Puddle of Mud
15. Everybody Wants to Rule the World - Tears for Fears
16. We Are The Champions - Queen

Submitted by Certified Spinning Instructor  
Joanie Armstrong, Mount Laurel, NJ

1. Relax - Frankie Goes to Hollywood
2. The Breakup Song - The Greg Kihn Band
3. Hey Man Nice Shot - Filter
4. Girl You Really Got Me Now - Van Halen
5. Push Upstairs - Underworld
6. Somebody Told Me - The Killers
7. Plush - Stone Temple Pilots
8. Paint it Black - Rolling Stones
9. Break on Through - The Doors
10. Body Movin' - Beastie Boys Fat Boy Slim Remix
11. Nothin But a Good Time - Poison
12. Rock & Roll All Night - Kiss
13. Are You Gonna Be My Girl - Jet
14. Bittersweet Symphony - The Verve
15. This Love - Maroon 5
16. Light My Fire - The Doors
17. Pretty Vegas - INXS

Submitted by Certified Spinning Instructor  
Lauren Schroeder, San Diego, CA

1. Oye Como Va - Santana
2. Soul Man - Blues Brothers
3. Little Sister - Elvis Presley
4. So What's The Fuss - Stevie Wonder
5. I Got a Girl - Lou Bega
6. Groove is in the Heart - Deelite
7. Hips Dont Lie - Shakira
8. Smokin in the Boys Room - Motley Creu
9. Hey Sexy Lady - Shaggy
10. Dance to the Music - Sly and the Family Stone
11. Starry Eyed Surprise - Paul Oakenfold
12. Jim Dandy - Black Oak Arkansas
13. Return of the Mack - Mark Morrison

Submitted by Certified Spinning Instructor  
Diane C. Calver, Peabody, MA

1. He's a Pirate - Klaus Badelt & Tiesto
2. Good Times - Tommy Lee
3. One Week - Barenaked Ladies
4. Walking on Sunshine - Aly & AJ
5. I'll Be Your Light - Kristine W.
6. Hold On - Good Charlotte
7. Dancing in the Dark - Bruce Springsteen
8. Under Pressure - Queen and David Bowie
9. What You Get is What You See - Tina Turner
10. I Want to Break Free - Queen
11. You Spin Me 'Round - Dead or Alive
12. Hungry Eyes - Eric Carmen
13. Grieg's Piano Concerto in A - Maksim
14. My Immortal - Sheryll Brooke

Submitted by Certified Spinning Instructor  
Evelyn O'Laughlin, Boca Raton, FL

1. Far Away - Nickelback
2. Ridin' - Chamillionaire
3. Let's Get it Started - Black Eyed Peas
4. A Little Less Conversation - King Junior
5. Crazy - Gnarls Barkley
6. Ring the Alarm - Beyonce
7. Dani California - Red Hot Chili Peppers
8. Vertigo - U2
9. Waiting on the World to Change - John Mayer
10. How to Save a Life - The Fray
11. Breathe (2 am) - Anna Nalick

Submitted by Certified Spinning Instructor  
Tamara Yockey, Spokane, WA